



*Malaysia 31 August 2019*  
**HAPPY 62nd MERDEKA!**

"SAYANGI MALAYSIAKU: MALAYSIA BERSIH"

# CONSTRUCTION SAFETY



Construction is well-understood to be a high-risk activity, compared to manufacturing, operations or maintenance, which usually take place in controlled environments. Construction often requires work to be carried out in high places. It involves lifting and movement of very heavy objects and the use of heavy machineries. Many of these activities happen simultaneously, within the same construction site.

5

(Five) Reasons Why Safety Matters On A Construction Site

01

A worker or visitor could be injured



02

The construction industry is the most dangerous to work in



05

Projects can be compromised



03

Working days are lost because of health and safety failings



04

Businesses can be fined, sued or banned from operating



- blog4safety.com

The Occupational Safety and Health Act (OSHA) came into force in February 1994. It covers all economic sectors, including the public services and statutory, except those subjected to the Merchant Shipping Ordinance and the armed forces.

Under Section 29 (2) of OSHA 1994, there is a need for an employer to employ a competent person to act as a Safety and Health Officer at the workplace. The Safety and Health Officer's job is to ensure compliance with the Act and promote safe conduct of work at the workplace.

This program has been designed to address the needs of the Act and specifically the Occupational Safety and Health (Safety and Health Officer) Regulations 1997.

#### HSE Training Offer by CIDBH:

- 01 Safety & Health Officer (SHO)
- 02 Construction Safety & Health Officer (CSHO)
- 03 Site Safety Supervisor (SSS)
- 04 Site Supervision At Project Site
- 05 Basic First Aid, CPR & AED Training
- 06 Occupational Safety & Health At School
- 07 High Rise Building External Maintenance Safety
- 08 Marine Construction & Maintenance Safety



**FOR INQUIRIES ON  
TRAINING PLEASE  
CONTACT:**

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[www.cidbholdings.com.my](http://www.cidbholdings.com.my)

**Reach  
out!**

eNEWSLETTER  
CIDB HOLDINGS  
**ISSUE 2 - 2019**

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### ABOUT REACH OUT!

REACH OUT! is an e-newsletter published by CIDB Holdings (CIDBH) that promotes programs and initiatives of CIDBH and subsidiaries in promoting capacity building, productivity and quality of construction industry. REACH OUT! is committed to share information and program updates with the industry.

We encourage you to read our publication. Bookmark our website and keeping track for up coming events and updates. Tell your friends about us and LETS CONNECT! We welcome any relevant contribution of articles and advertisements. Please contact our secretariat for details ([corcomm@cidbholdings.com.my](mailto:corcomm@cidbholdings.com.my)). Thank you.

# 28 PESERTA BERJAYA TAMAT PROGRAM TEKNIKAL MALAYSIA (MTCP)



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28 peserta dari pelbagai negara beri tanda positif dan telah berjaya menamatkan **Kursus Pembangunan Infrastruktur Fizikal** (1 hingga 10 Julai 2019) dan **Kursus Projek Pembangunan Bercampur - Perkongisan Kisah Kejayaan & Amalan Terbaik** (29 Julai - 7 Ogos 2019) di Malaysia menerusi Program Kerjasama Teknikal Malaysia (MTCP). Kesemua peserta telah memberikan maklumbalas positif diatas kursus yang diberi.

28 peserta ini telah didedahkan dengan perkongsian pengetahuan dan amalan terbaik daripada penceramah dan pakar negara mengenai pembangunan infrastruktur fizikal di Malaysia seperti Pelan Pembangunan Infrastruktur, lapangan terbang dan lebuhraya, amalan kejuruteraan dan rekabentuk mampan, model *Public Private Partnership* (PPP), pembiayaan projek dan pembangunan transit bandar.



Objektif program ini adalah berkongsi pengalaman dan amalan terbaik Malaysia dalam bidang tertentu dan mempromosi pembangunan kapasiti di kalangan negara peserta. Program ini adalah sebahagian daripada komitmen kerajaan Malaysia ke arah menggalakkan kerjasama teknikal di kalangan negara-negara membangun, mengukuhkan kerjasama antara serantau dan sub-serantau, serta memelihara kemandirian kolektif di kalangan negara-negara membangun.

CIDB Holdings merupakan salah satu penyedia latihan program di bawah Kementerian Luar Negeri Malaysia telah menerima penyertaan dari negara Zimbabwe, Bhutan, Bosnia, Filipina, Kemboja, Malawi, Mauritius, Oman, Palau, Senegal, Sri Lanka, Sudan, Thailand dan lain-lain negara.

Selain itu, peserta dibawa lawatan teknikal ke beberapa agensi kerajaan dan pemain industri pembinaan bagi merasai dan melihat sendiri projek-projek berimpak tinggi Malaysia seperti Lapangan Terbang Antarabangsa Kuala Lumpur, Perbadanan Putrajaya, Lembaga Lebuhraya Malaysia , KL Sentral, River Of Life (Ekovest), DBKL dan PPR Sentul Murni Lawatan juga telah dibuat ke Pusat *Industralized Building System (IBS)* dan Akademi Binaan Malaysia.

CIDB telah berpengalaman mengadakan program di bawah MTCP sejak tahun 2014. Sehingga Julai 2019, dan berjaya melatih seramai 84 peserta dari lebih 33 buah negara. Inisiatif ini merupakan salah satu kaedah promosi, berkongsi kepakaran dan idea diantara Malaysia dan negara-negara yang terlibat.

CCD  
25  
POINT

**BASIC FIRST AID & AED TRAINING**  
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**KUALA LUMPUR**

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Email : [training@cidbholdings.com.my](mailto:training@cidbholdings.com.my)  
Phone : 03- 4042.8880 (Md Sarah/ Ms Yasmin/  
Mr Bacroft)

# QLASSIC MANDATORY BY 2020



*Qlassic Day 2019 was launched by the Minister of Works YB Tuan Baru Bian. Qlassic was conceived by the Construction Industry Development Board (CIDB) in 2007 as an objective scoring system to evaluate the workmanship quality of a construction project based on the Construction Industry Standard (CIS 7). The primary evaluation criteria are the architectural quality and external works.*

- ICW Highlights 2019



## WHAT IS QLASSIC?

Quality Assessment System in Construction (QLASSIC) is a certification scheme developed by CIDB and assessment is carried out based on the Construction Industry Standard (CIS 7) to measure quality level achieved in a completed project.

As a part of CIDB efforts in ensuring and delivering high quality level is achieved for a completed projects as reflected in QLASSIC score, the 2.5 day **QLASSIC Assessor Training Course** for Construction Site Personnel provides necessary knowledge to enable participants to understand the system or method in measuring and evaluate the workmanship quality of a building construction work based on CIS 7. QLASSIC will also enables the quality of workmanship between construction projects to be objectively compared through a scoring system.

## WHY APPLY FOR QLASSIC ASSESSMENT ?

- Enables you to benchmark the quality of workmanship of your construction project
- Provides you a standard quality assessment system on quality of workmanship of construction works
- Enhances quality control in construction works
- Specified as a quality criterion for contractors performance scorecard

**INQUIRIES ON QLASSIC Assessor Training Course :**  
**SARAH / ISFARUDIN / HASRIZAL**

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## "NOTES OF UNDERSTANDING" (NOU)

Akademi Binaan Malaysia (Wilayah Utara) Dan "Nakhonpathom City Municipality Vocational College, Thailand", Kukuhkan Hubungan Baik TVET Antara Malaysia Dan Thailand



**Langkawi, 29 April 2019 –** Bagi mengukuhkan kerjasama dalam sektor kemahiran dan vokasional dari segi pendidikan, latihan, inovasi dan penyelidikan dengan negara luar, Akademi Binaan Malaysia (Wilayah Utara) telah menandatangani Note of Understanding (NOU) bersama Nakhonpathom City Municipality Vocational College, Thailand untuk kerjasama Pendidikan TVET.

Nota persefahaman telah ditandatangani oleh En. Mohd Nazri Bin Hj. Zakaria selaku Ketua Pegawai Operasi Akademi Binaan Malaysia (Wilayah Utara) bersama En. Rustapon Laitananont, Timbalan Pengarah Nakhonpathom City Municipality Vocational College.

Upacara yang bersejarah ini disaksikan oleh Ketua Pegawai Eksekutif CIDB Malaysia iaitu, YBhg. Dato' Ir. Ahmad Asri Bin Abdul Hamid. Dalam ucapannya, beliau telah menjelaskan bidang Pendidikan Teknikal dan Latihan Vokasional (TVET) telah melahirkan ramai tenaga kerja yang bergraduan yang mempunyai kemahiran tinggi. Pelaksanaan TVET mampu melahirkan tenaga kerja kompeten yang diperlukan oleh industri dan seterusnya meningkatkan kualiti dan produktiviti industri pembinaan.

## QUOTE OF THE DAY

**“**

*The design of good houses requires an understanding of both the construction materials and the behavior of real humans*

**”**

-Peter Morville

**Organized by:** CIDB NEGERI KEDAH CIDB MALAYSIA  
**With Cooperation:** MEEP Malaysia Event and Printing

**NORTHERN CONSTRUCTION TRAIL RUN 2019**

**50KM | 21KM | 7KM**  
**RUN FOR NATURE.**

**LOCATION:** 6°26'54.7"N 100°31'47.4"E

**CATEGORY:**

WHEEL LOADERS	50 KM Men Open
	50 KM Men Veteran
	50 KM Women Open
	50 KM Women Veteran
BULLDOZER	21 KM Men Open
	21 KM Men Veteran
	21 KM Women Open
	21 KM Women Veteran
COMPACTOR	7 KM Fun Run Open

**5 OCTOBER 2019**  
**ABM WILAYAH UTARA SINTOK, KEDAH**

**CLOSING REGISTRATION**

<b>EARLY BIRD:</b>	7KM	21KM	50KM
30 JUNE 2019	RM38	RM68	RM170

<b>NORMAL:</b>	7KM	21KM	50KM
30 AUGUST 2019	RM48	RM88	RM200

<b>LATE:</b>	7KM	21KM	50KM
30 SEPT 2019	RM58	RM118	RM230

**Info & manual registration:**  
Boutique **ULTRON** KANGAR  
**Online registration:**  
[www.malaysiaeventandprinting.com](http://www.malaysiaeventandprinting.com)

**Connect with us**

**NORTHERN CONSTRUCTION RUN**



We are all Malaysians. This is the bond that unites us. Let us always remember that unity is our fundamental strength as a people and as a nation.

— *Tunku Abdul Rahman* —  
First Prime Minister of Malaysia

#62merdeka



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## 21 Peserta Hadiri Seminar *Product Certification and Testing on Product Steel* yang dianjurkan oleh CIDB Holdings



10 APRIL 2019, Shah Alam: CIDB Holdings Sdn Bhd telah menganjurkan satu seminar berkaitan Product Certification and Testing on Product Steel bertempat di Geno Hotel, Shah Alam. Penganjuran seminar ini bertujuan memperkenalkan perkhidmatan pensijilan dan ujian untuk produk besi dan keluli bagi memenuhi keperluan Perakuan Pematuhan Standard (PPS) CIDB Malaysia di bawah Bahagian Jaminan Kualiti, CIDB Holdings.

Seminar tersebut dihadiri oleh 21 peserta dari pelbagai syarikat dan industri bagi mengetahui dengan lebih lanjut perkhidmatan ujian bahan binaan yang ditawarkan oleh CIDB Holdings Sdn Bhd.

Seminar sehari ini dimulakan dengan taklimat Perakuan Pematuhan Standard (PPS) untuk produk besi dan keluli di Malaysia dan Penguatkuasaan Jadual 4, Akta CIDB 520 oleh Encik Sazali Che Amat dari CIDB Malaysia dan diteruskan dengan taklimat berkaitan perkhidmatan yang ditawarkan di CIDB Holdings Sdn Bhd oleh Encik Mohd Zahari Sharifuddin.




### PELUANG LATIHAN KEMAHIRAN TAJAAN CIDB MALAYSIA (KEMASUKAN SEPT/OKT 2019)

#### LATIHAN YANG DITAWARKAN

-Building Operation Maintenance	-Electrical Installation
-Decorative Painting	-Chargeman
-Mobile Crane Operation	-Gas Pipe Fitting
-Backhoe Loader	-Gas Pipe Insulation
-Hydraulic Excavator	-Scaffolding
-Plumbing	-Airconditioning & Mech. Ventilation

#### KEMUDAHAN TAJAAN CIDB

- Yuran latihan
- Makan/minum
- Elau Latihan
- Pakaian Latihan
- Kad Hijau



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(fb)Akademi Binaan Malaysia (Wilayah Selatan)

• 019-734 7844 (Zaidi) | 013-733 5336 (Syamil) | 011-1777 4487 (Sahril) •

PENDAFTARAN  
DIBUKA  
SEKARANG!



KURSUS  
LIFTING SUPERVISOR  
27, 28 & 29 SEPTEMBER 2019

Kandungan Kursus

- 1- Pengenalan Akta Dan Keselamatan Tapak Kerja
- 2- Lifting Equipment (Lifting Appliances & Lifting Gear)
- 3- Signal & Communication
- 4- Pre & Post Operation Check
- 5- Load Chart Calculation
- 6- Slingsing Method (Sling Tension & Mass Calculation)
- 7- Perancangan & Pengurusan Kerja Mengangkat
- 8- Penyediakan Lifting Permit
- 9- Tugas & Tanggungjawab Lifting Supervisor

SYARAT KEMASUKAN

- ✓ Berumur 21 Thn Ke atas Dan Memiliki Pengalaman Bidang Kren

KELEBIHAN KURSUS:

- 1- Peserta yg ilus akan mendapat Sijil Kelayakan Penyelia Mengangkat (Lifting Supervisor)
- 2- Mendapat Kad Kelayakan (Lifting Supervisor)
- 3- Baju T-Shirt ABM Utara

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Tempoh Kursus : 3 Hari

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# TRAFFIC MANAGEMENT

-NOT JUST WAVING FLAGS & FLASHING LIGHTS!

**When traffic management** is mentioned, flags being waved and flashing lights often come to mind. Whilst certainly these items are important in the quest to build a safe and compliant workplace, they are only part of the story in creating and implementing a successful Traffic Management Plan.

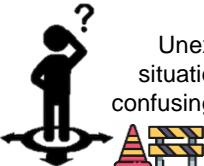
## Challenge

Dealing with vehicle and pedestrian interaction in the workplace can be a significant challenge for employers and controllers of workplaces, with certain obligations and duties imposed by the various Health and Safety legislation across Australia. This includes providing safe systems of work, safe items of plant, suitably trained and qualified personnel, and safe access and egress to and from workplaces.

Although much improvement has been achieved in managing traffic in our workplaces, it remains a major source of injuries. Effectively controlling the traffic related risk at work is the challenge for employers.

Source : Award Magazine



 <p>01 Unexpected situations and confusing paths.</p>	 <p>02 Obstruction to the route where the user may be hit.</p>
 <p>03 Disrupt the focus of road users.</p>	 <p>04 Workers are exposed to traffic hazards.</p>



## TRAFFIC MANAGEMENT OFFICER (TMO)

Duration : 4 Days (course & assessment)

**CCD\***  
**25**

POINT/COURSE

\*DUE TO TERMS & CONDITION APPLIED

## COURSE OBJECTIVE

Upon completion of the course, participants will be able to:

- Understand the legislation related to traffic management work in Malaysia.
- Knowing and skilfully identifying all hazards and risks while managing traffic in the workplace so as not to harm anyone who works and also road users.
- Understand and skilfully manage traffic by using 5-zone concepts.
- Proficient to write management reports according to the standards set by JKR.

## WHO SHOULD ATTEND?

Open to public



## CERTIFICATE

01 Certificate of Attendance by CIDB Holdings

02 \*Certificate of Achievement by CIDB Malaysia  
\*Upon passing the assessment

**FOR MORE INFORMATION:  
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## TIGA WIRA ABM TEMPA NAMA KE KAZAN RUSIA

Tiga pelatih ABM bakal menggalas tugas penting untuk mengharumkan nama Malaysia dalam Pertandingan Kemahiran Dunia (WSC) 2019 di Kazan, Rusia.

Pelatih ABM yang berjaya mara ialah Muhammad Yusri Aiman Nasir (ABM Wilayah Timur), Ahmad Naim Mohamad Rosli (ABM Sarawak) dan Mohamad Amirol Amir Mohamad Zamri (ABM Wilayah Selatan).

WSC dianjurkan setiap dua tahun sekali oleh World Skills International (WSI) dan kali ini dijangka seramai 1,600 belia dari 60 buah negara akan mengambil bahagian dalam 56 bidang kemahiran yang akan dipertandingkan.

Seramai 20 orang peserta akan membawa nama Malaysia ke Pertandingan Kemahiran Dunia (WSC) Kazan 2019 yang dijadualkan berlangsung pada 16 hingga 26 Ogos 2019 di Kazan, Rusia. Peserta terdiri daripada pelajar Institusi Pendidikan Teknikal dan Latihan Vokasional (TVET) serta Institusi Pengajian Tinggi awam dan swasta.

Pertandingan ini sebagai penanda aras tahap kemahiran peserta negara di peringkat dunia dan akan memartabatkan TVET Malaysia di peringkat antarabangsa dan bakal dapat melahirkan lebih ramai tenaga kerja mahir negara bertaraf dunia.

Sejak tahun 2007 sehingga kini, ABM telah terpilih menyertai pertandingan peringkat antarabangsa sebanyak lima kali bagi mewakili Malaysia dalam pelbagai bidang kemahiran pembinaan.



Gambar Sumber : [www.kkr.gov.my](http://www.kkr.gov.my)



(Penglibatan ABM Bagi Pertandingan Kemahiran Dunia (WSC))

- 2007 : WSC Shizuoka Jepun
- 2013 : WSC Liepzig Germany
- 2015 : WSC Sao Paolo , Brazil
- 2017 : WSC Abu Dhabi
- 2019 : WSC Kazan, Rusia



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