



**EMPOWERING  
SAFETY  
PERSONNEL**

Powered By:



# Empowering Safety Personnel

**SHO: RM2400**  
Normal Price: RM4800  
**SSS: RM1150**  
Normal Price: RM2300  
\*price inclusive  
examination fee

**EXCELLENT | SAVVY | PERSISTENT**

A subsidised programme by CIDB Malaysia to better competency among Safety & Health Officers (SHO) or Site Safety Supervisors (SSS)

Managed By:



Certified By:



[www.cidbholdings.com.my](http://www.cidbholdings.com.my)



# Empowering Safety Personnel (ESP)

EXCELLENT | SAVVY | PERSISTENT

## INTRODUCTION

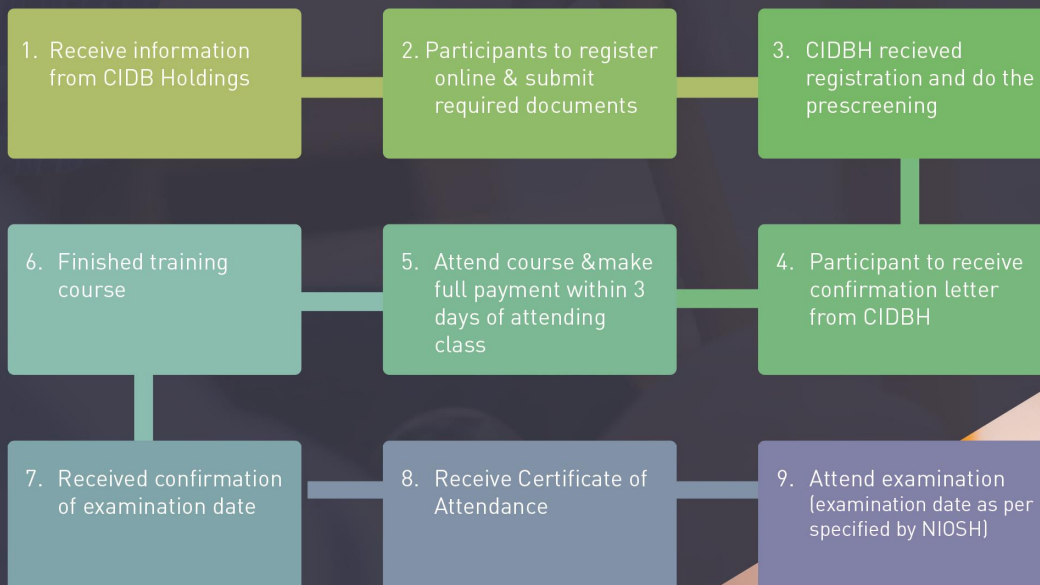
CIDB is committed in achieving CITP's key outcomes, and one being to achieve more than 50% reduction in worksite fatalities and injuries by executing Empowering Safety Personnel (ESP) Programme. The programme targets to strengthen the pool of qualified safety officers and inspectors in the construction industry. This is in response to RMK11 agenda which is to accelerate human capital development towards an advanced nation.

CIDB Holdings Sdn Bhd (CIDBH), subsidiary of CIDB Malaysia, is the appointed programme manager and training Provider for Empowering Safety Personnel (ESP) Programme.

A more quality-conscious and inclusive construction industry will ensure higher levels of quality in the built environment, reduce worksite accidents and remove regulatory constraints.

Quality, Safety & Professionalism Outcomes, CITP.  
Page 63  
[www.citp.my](http://www.citp.my)

## IMPORTANT MILESTONES FOR THE PROGRAMME



## WHY SHOULD YOU JOIN?

A chance to improve quality & productivity at worksite

Enhance efficiency and professionalism in organisation

Strengthen collaboration with Malaysian Construction Industry Authority

Benefit from CIDB Malaysia's subsidised training





**PROGRAMMES OFFERED**

**SAFETY & HEALTH OFFICER (SHO)**

Normal Price: RM4,800  
**RM2,400 ONLY**  
 (inclusive of examination fee)

Course Content
Pre-Requisite
Qualification <small>Examination requirement</small>
Certification
Duration
Training location

Module 1 : OSH Management  
 Module 2 : OSH Legislation  
 Module 3 : Occupational Health  
 Module 4 : Occupational Safety

- Malaysian Citizen
- Fit & Healthy
- Committed
- Currently working under registered company (G4 - G7)

- Possess a minimum of SPM/SPMV/MCE or equivalent with at least a Grade Three Pass **OR**
- For **SPM/SPMV after year 2000**, a minimum of 6C for Bahasa Melayu, English, Mathematics AND minimum 8E for Science/Physics/Chemistry/Biology AND Pass other 2 subjects in 1 certificate/examination or combination **OR**
- Rank Sergeant and above of Malaysian Armed Forces (ATM) Royal Malaysia Police (PDRM) or minimum 10 years service with ATM/PDRM

- Certificate of Attendance by CIDB Holdings Sdn Bhd
- Passing exam certificate by NIOSH (terms & condition applied)

- Classroom Theoretical Training (22 Days)
- Examination (4 Days)

CIDB Holdings, Kuala Lumpur  
 \*trainings held on weekdays except public holiday. Dates are subject to seats availability.

**SITE SAFETY SUPERVISOR (SSS)**

Normal Price: RM2,300  
**RM1,150 ONLY**  
 (inclusive of examination fee)

Course Content
Pre-Requisite
Qualification <small>Examination requirement</small>
Certification
Duration
Training location

Part 1 : Introduction  
 Part 2 : OSH Legislation  
 Part 3 : OSH Management System  
 Part 4 : Consultation & Training  
 Part 5 : Site Management  
 Part 6 : Occupational Safety  
 Part 7 : Occupational Health

- Malaysian Citizen
- Fit & Healthy
- Committed
- Currently working under registered company (G1 - G7)

- Minimum of SPM/SPMV/MCE

- Certificate of Attendance by CIDB Holdings Sdn Bhd
- Passing exam certificate by NIOSH (terms & condition applied)

- Classroom Theoretical Training (10 Days)
- Examination (3 Days)

CIDB Holdings, Kuala Lumpur  
 \*trainings held on weekdays except public holiday.  
 Dates are subject to seats availability.

**SAFETY & HEALTH OFFICER (SHO)\*\***

No	Month	Date	Venue	CCD Points*
1	April	01 - 30	Kuala Lumpur	25
2	June	10 June - 09 July	Kuala Lumpur	25
3	July	01 - 30	Kuala Lumpur	25
4	September	02 Sept - 03 Oct	Kuala Lumpur	25
5	October (Part Time)	05 Oct - 15 Dec	Kuala Lumpur	25
6	December	02 Dec - 02 Jan'20	Kuala Lumpur	25

**SITE SAFETY SUPERVISOR (SSS)\*\***

No	Month	Date	Venue	CCD Points*
1	April	15 - 26	Kuala Lumpur	25
2	May	13 - 24	Kuala Lumpur	25
3	June	17 - 28	Kuala Lumpur	25
4	July	08 - 22	Kuala Lumpur	25
5	August	19 - 30	Kuala Lumpur	25
6	October	14 - 25	Kuala Lumpur	25
7	December	02 - 13	Kuala Lumpur	25

\*CCD Points are due to terms & condition apply

\*\*All dates and venue stated in the calendar are tentative.

\*\*Upon registration, please email list of documents stated below to [industry.relations@cidbholdings.com.my](mailto:industry.relations@cidbholdings.com.my) :

1. Copy of IC
2. Copy of green card
3. Copy of SPM/ any highest academic qualification (Diploma / Degree)
4. If you register as an INDIVIDUAL, Please attached together a copy of employment confirmation letter (as a proof you are currently working under registered construction company)

Otherwise, registration consider as **INCOMPLETE**.

**Notes:**

1. All dates and venue stated in the calendar are tentative.
2. CIDB Holdings Sdn Bhd reserves the rights to change the programme without prior notification to participants.
3. If you possess a valid Construction Personnel Registration Card (Green Card), please attach a copy of your Construction Personnel Registration Card.
4. Confirmation letter will be issued at least 5 working days BEFORE the seminar date.
5. Payment is to be made AFTER received the confirmation letter.
6. Payment can be in the form of Cash, Debit/Credit Card, Bank draft, Postal Order payable to CIDB Holdings Sdn Bhd.
7. Payment using personal or company cheque is NOT ALLOWED.
8. Payment via online banking/cash deposit can be made to CIDB Holdings Sdn Bhd CIMB Bank Account Number 8000-636-595.
9. If a payment has been made, please fax the payment slip and bring the original slip during the registration day.
10. All payments that have been made are NOT REFUNDABLE in any cases. However, substitute or replacement of participant or course is permitted.
11. CIDB Holdings is not responsible for any expenses incurred by participants in attending our programmes.
12. Acceptance of registration is based on first-come-first served basis.